

be sentenced to death. In this particular incident, the prison official tried to commit suicide thinking that he would be condemned to death as he thought that the prisoners had escaped from the prison. But Paul asked him not to harm (commit suicide) himself. When the official heard this, he asked what he should do to be saved. As an answer to this question Paul preached the word of God to him and to his household saying “Believe on the Lord Jesus Christ, and you will be saved, you and your household”.

Yes, to get freedom from the thoughts of suicide believe in Jesus Christ.

### **Do this Prayer**

Lord Jesus ! I believe that you died on the cross and resurrected to forgive my sins. Father, forgive my sins and give me peace. In the name of Jesus I pray,

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Lord Jesus said, “the things which are impossible to men are possible with God”. Lord Jesus knows man’s labour makes him weary, that is why the Lord gave this invitation to all: “Come to me, all you who labour and are heavy laden, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.” (Matthew 11:28-30)

Further Jesus said, “I am the way, the Truth and the Life. No one come to the father except through me.” (John 14:6)

Suicide is like pitch darkness among dark thoughts. To come out of this darkness, Jesus said He is the Light. “I have come as a light unto the world, that whoever believes in me should not abide in darkness”. (John 12:46)

The influence of the evil spirit (Satan) will be there behind every suicide. The evil spirit prompts us in different ways with the thoughts such as “die”,

## **IS THERE AN END TO SUICIDES?**

What is the basis for these suicides being committed for ages? Is there any spirit behind the suicides committed more by literates than by illiterates? If suicide is considered a psychological disaster, what is the disaster behind the news about psychiatrists committing suicides? Why the intelligence of the intellect could not stop suicides? If poverty is the reason for suicides, why do the rich commit suicides?

This series of questions conclude that man’s intelligence cannot stop suicides. Because people often commit suicides when it goes beyond their tolerance and feel ‘it is impossible to live any longer’. God’s power alone can solve the problems of suicides which are beyond human comprehension. Whatever the reason might be, man is tortured by the thoughts of suicide. Feeling “it is impossible”. man helplessly puts an end to himself not giving a single thought about the power of the Creator of this entire universe.

“go and die”, “kill yourself”, “burn yourself” “take poison”, “why this life”, “jump down from high place”, “jump into the well”, “fall into the valley”, “fall under the train” etc. The people who are in depression do not consider them as other’s voice. They take these thoughts as their own, coming from within.

About the evil spirit that kills men the Bible says : “the thief does not come except to steal and to kill, and to destroy....(John 10:10). Just as the thieves in this world destroy men by robbing and killing them, the Satan’s spirit will inspire men to rob and rebuke themselves and commit suicide. But in the Bible it is said: “I have come that they may have life, and that they may have it more abundantly” (John 10:10).

A man who tried but escaped committing suicide in the Bible (Acts 16:27): According to the law of the Roman army, if the prisoners escape from the prison, the authorities guarding the prison will